

Virtual and Weekend Happenings

Virtual Patriotic Music for the 4th of July



Greece Performing Arts Society 7 pm Saturday July 4, 2020

The Greece Performing Arts Society (GPAS) will kick off its Virtual Concert Series with their “4th of July Concert” on Saturday, July 4, 2020 at 7:00pm. The concert is free, and donations will be gratefully accepted at www.greeceperformingarts.org.

Featuring patriotic music for the entire family, this themed concert will highlight previously recorded favorites from the GPAS ensembles along with new visuals, conductor introductions and a few surprises.

The concert will be viewable as a Facebook Premiere on the GPAS Facebook page

(<https://www.facebook.com/greeceperformingarts>).

For additional information, please visit www.greeceperformingarts.org.

PBS' A Capitol 4th July 4, 2020 at 8 pm ET on WXXI Channel 21

Encore Performance at 9:30



Preview : <http://www.pbs.org/a-capitol-fourth/home/>

The 40th anniversary presentation of A CAPITOL FOURTH, the national July 4th TV tradition on PBS, returns this year co-hosted by two-time Emmy Award-nominated actor and producer John Stamos (Netflix's YOU, FULLER HOUSE, ER) and multi-platinum recording artist and star of television, film and the Broadway stage Vanessa Williams. The nation's 244th birthday celebration will feature new performances from locations across the country, including Washington, D.C, New York, Nashville, Los Angeles and Philadelphia, as well as highlights from the concert's forty-year history and the stirring patriotic favorites viewers enjoy on the Fourth of July. The fireworks display over our nation's iconic skyline will be covered live during the broadcast captured by more cameras than ever including vantage points from rooftop locations across the city

Railroad Street 4th of July



<https://www.facebook.com/events/256108045720730/>

Saturday July 4 11 am to 4 pm

Black Button Distilling

85 Railroad Street

Celebrate the 4th of July on Railroad Street!

Join us for drinks, beer, food and fun. Enjoy a beer truck from Rohrbach's, Bloody Marys from Black Button, and Katboocha mimosas. Macarollin' will be there too for all your mac and cheese needs!

Black Button is offering some amazing deals on Bloody Marys to take home as well!

Entry fee includes 1 beer or cocktail of your choice and all other purchases can be made separately.

Tickets are \$10, buy ahead or at the door <https://www.blackbuttondistilling.com/classes-tickets/4thjuly?fbclid=IwAR3vhG1zhPUMwXxcnTbG75C0ORgDbKRPy-nhFxi3OPZ0ucffg!BHx-bNxCA>

Under 21 are welcome

Note: Masks are required when standing and there will be plenty of social distance seating available.



**The Seneca Park Zoo is open. Timed Tickets are required for entry.
Click this link for details:**

<https://senecaparkzoo.org/?fbclid=IwAR2MWgkl95E11KmKgF3LAbDFU22XtwpdLrIBu1DAiwE1KRefK96k9Wsv6uM>

The Rochester Museum and Science Center is open. Timed Tickets are required for entry.



[Buy Tickets](#) | [Admission](#) | [Hours](#) | [Location](#)

Reopening with Your Safety in Mind

Adventures at the RMSC might look a little different, but the exciting experience of discovery and exploration will be the same. As we reopen the Science Museum, Strasenburgh Planetarium, and Cumming Nature Center, we ask you to work together with us to keep the RMSC a safe space for yourself, for all visitors, and for our staff.

See below to learn about the changes to the visitor experience, including:

What we're doing to keep you safe

What we're asking our visitors to do

RMSC Cleaning and Sanitation Standards

<https://rmsc.org/science-museum/hours-admission-directions>

Congratulations World of Inquiry School Number 58 Graduates



Check out this Democrat and Chronicle article on the University Avenue school's two-day graduation event

<https://www.democratandchronicle.com/picture-gallery/news/2020/06/23/world-of-inquiry-holds-socially-distanced-graduation-ceremony-2020/3243955001/>

For more graduation photos: <https://www.facebook.com/pages/School-58-World-Of-Inquiry-School/1497507057189657>

Congratulations UPrep Graduates



Check out this Democrat and Chronicle article on the Lake Avenue school's surprise graduation event:

<https://www.democratandchronicle.com/story/news/2020/06/08/uprep-class-2020-rochester-ny-surprise-virtual-graduation-movie/5321072002/?fbclid=IwAR3T-GRNEczspsxhcvdim8hfpd6jUftC7c2-Mgj20XA2sgyymY2M6MQO9TM>

COVID-19 and Hearing Loss in Adults: Strategies at Home



For the nearly 38 million American adults with hearing loss, sheltering in place may bring on some daily difficulties. If you have hearing loss, you and your family can take these steps to improve your listening experience:

- Wait until you are in the same room to talk with others.
- Ask your conversation partner to slow down their speech if you have difficulty following.
- Ask your conversation partner to face you when speaking—no backs turned or heads down looking at screens.
- Let the person speaking know if you are having trouble hearing or understanding (don't pretend to understand).
- Use closed captioning when watching television or movies.
- Take some dedicated quiet time (listening breaks). It takes more energy to listen when you have hearing loss—and feeling tired can cause you to mix up conversations.



Learn more at www.asha.org/public



Hearing & Speech
Month
Communication
at Work

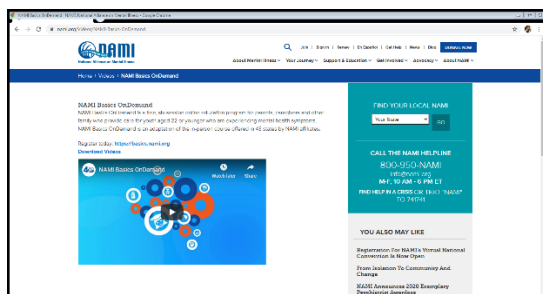


NAMI Basics OnDemand (National Alliance on Mental Illness)

NAMI Basics OnDemand is a free, six-session online education program for parents, caregivers and other family who provide care for youth aged 22 or younger who are experiencing mental health symptoms. NAMI Basics OnDemand is an adaptation of the in-person course offered in 43 states by NAMI affiliates.

- Register today: <https://basics.nami.org>

<https://www.nami.org/Videos/NAMI-Basics-OnDemand>



Cinema Theater's Roc on PAWS Film Festival

Submit Your Pet Video



While New York State may be on PAUSE, our pets definitely aren't! The **Roc on PAWS Pet Film Festival** celebrates all the ways our pets cheer us up while we stay at home. Capture a video of your pets doing... whatever it is they do best (or worst) and submit it! Feel free to be creative by adding sound effects, voice-overs, and special effects. Proceeds will help the Cinema, as well as local rescue groups Mr. Grey's Strays, Animal Rescue Connection, and Hearthside Cats. When the Cinema re-opens, we'll hold a special screening of selected submissions! The submission period runs from May 13 to July 27. The original deadline was June 27, but you can still submit your videos if you enter a special code in the FilmFreeway system. Use "newdeadline" (minus the quotes) when you submit your video.

First prize is \$100 plus a book of ten movie passes to the Cinema Theater. Second prize is \$50 and a book of five movie passes. Third prize is \$25 and one movie pass.

Submissions will be accepted through our dedicated portal on FilmFreeway. The submission fee is \$5. See below for rules, terms and conditions, and step-by-step instructions on how to submit your video. You can also download a PDF document with the same information.

If you have any questions, please send us email, contact us on Facebook Messenger, or call the Cinema office number at 585.271.1786. Good luck, and have fun!

<http://cinemarochester.com/roc-on-paws-film-festival/>

Looking for a Community Garden Near You? Check out Cornell Cooperative Extension of Monroe County's List



As part of the increasing demand for local and sustainable produce, community gardens are sprouting and growing throughout Monroe County. Our hope is to connect local residents with existing community gardens while promoting the efforts of those making these gardens possible.

Below is a directory of existing community gardens in Monroe County that we are aware of. Please contact us if you would like more information about community gardening or if you know one to add to the list! Cornell Cooperative Extension of Monroe County does not manage these community gardens. We are providing this list as a community service.

<http://monroe.cce.cornell.edu/horticulture/community-gardens-in-monroe-county>

Photo is of the 490 Farmers Broadway Community Garden

<https://sites.google.com/seacrochester.org/490farmers/home>

<https://www.facebook.com/490farmers/>



University of Rochester's COVID-19 Online Challenge

July 15 9 AM to July 24 at 4 PM
Registration closes midnight July 10, 2020

Attention University of Rochester students **Help Solve Problems for Community Organizations in Rochester**

REGISTER FOR THE CHALLENGE: <https://forms.gle/NjZ8uNgVS6rSmvrr9>
<https://www.facebook.com/events/482227169252826/>

The COVID-19 pandemic has led to economic, social and emotional devastation all around the world. Here in Rochester, organizations and individuals are facing long term hardship due to social isolation, financial constraints and health concerns.

As the world unites to fight against the impacts of the pandemic, we are calling you to collaborate with our partners in Rochester to address their most urgent needs.

Our Rochester partners have faced these impacts with resilience and creativity, testing out innovative solutions and thinking outside the box to continue their service to customers and maintain healthy conditions for their workers. Some of these innovative businesses and organizations have opened their doors to University of Rochester students to collaborate, co-create and implement some new solutions that will come out of this challenge.

Our Community Partners:
[M.K. Gandhi Institute for Nonviolence](#)
[Westside Farmers Market](#)
[540WMain, Inc.](#)

Our community partners will each provide a problem statement that will be addressed by you, the student teams, through collaboration, innovation and entrepreneurship. You will be asked to attend workshops, interview and brainstorm with your community partners, and devise solutions and prototypes to finally pitch your idea to a panel of judges.

Throughout this process you'll be given all the tools you need to engage in a design thinking process, entrepreneurship, community engagement, and the opportunity to win prizes (including a top \$1,500 cash prize for 1st place, and \$500 for 2nd place), alongside a certificate in community engagement, and credits towards the Medallion Program, or the Grand Challenges Scholars Program.

MORE ABOUT THE CHALLENGE AND RULES HERE:
<https://www.rochester.edu/college/summer/programs/coronaviruschallenge.html>